



Our mission remains steadfast, even when everything around us is changing. We are committed to serving those in Honduras who need it most, and to meet unmet needs as we find them. Because of you, thousands in Honduras have clean water, housing, health, food, education, and Hope. Your support strengthens us, even when the world seems overwhelming. Through prayer, donations, and more, your support reinforces our resolve.

Today 4,900 children worldwide will die from diarrhea caused by unsafe water and sanitation.



Thousands of Hondurans do not have access to clean water.



Water projects were funded for Mariposa and Matapalo.



In the past hour, 60 children died from a water-related disease.



Pilas built for laundry & bathing



The future depends on what we do in the present.

~ Mahatma Gandhi

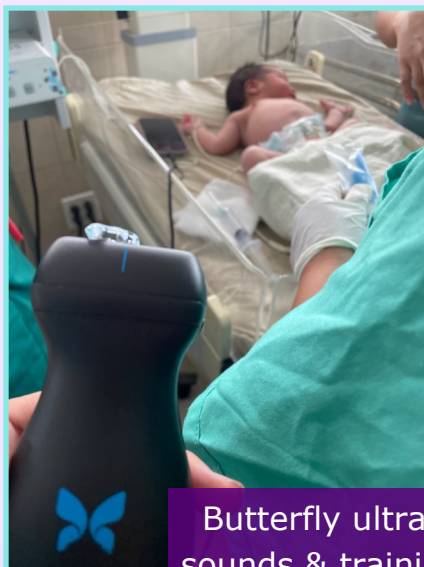


Don't spend your precious time asking "Why isn't the world a better place?" It will only be time wasted. The question to ask is "How can I make it better?" To that there is an answer.

~ Leo F. Buscaglia



Sonoscape ultrasound



Butterfly ultra-sounds & training



PayPal

donations graciously accepted on our website

Mission Honduras LeMars

All forms of donations accepted

709 Plymouth St. NE
Le Mars, IA 51031

712.540.3062

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\$.93 on medical care, projects, food

\$.05 on administrative costs

\$.02 on fundraising

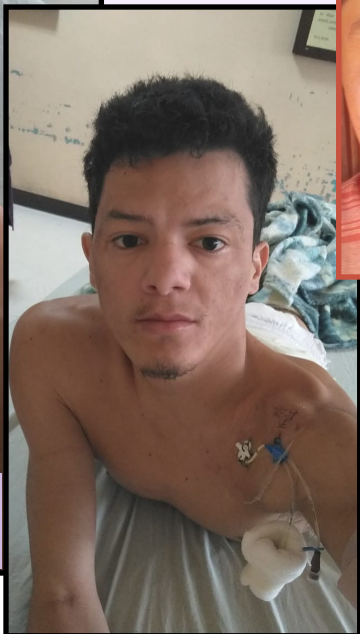


How did we spend each dollar you donated?

Your dollars purchased materials for 2 water projects and 2 pila projects. Another hospital gained a butterfly IQ + training to use it. Other hospitals now have ultrasounds and sonoscapes, allowing them to provide better health service. You supplied medical aid to several Hondurans and helped Franci & Miguel walk with their new prostheses. Several hospitals and clinics were delighted to receive thousands of dollars of medical supplies shipped with your donations. Many young men gained scholarships to Taular High School for an excellent education, which will help them support their own families in the future. **YOUR MONEY IS MAKING A DIFFERENCE!**



Cristobal continues to battle health issues.



Receiving a prosthetic eye made Nahum smile.



Franci

Our lives will always be full if our hearts are always giving.



Miguel



Francis Seivert



There is nothing more beautiful than someone who goes out of his way to make life beautiful for others.

~ Mandy Hale

If you look, you will see the miraculous in the common.



CPR training



Wuendy



To change the world we must be good to those who cannot repay us.

~ Pope Francis

Then Feed Just One

Honduras, like much of the world, seems to be facing an unprecedented crisis in hunger and malnutrition. As prices skyrocket and food becomes scarcer, the children of the poorest nations on earth, like Honduras, will suffer. Your continued support for Then Feed Just One means that together we can have a major impact on the lives of thousands.



3 million children
will die each year
from malnutrition -
100% of them
are preventable.

~ Navyn Salem, Edesia founder

20% of
Hondurans live
on less than
\$1.90 per day.



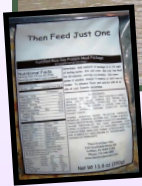
Driving through river
to deliver TFJO food



If you can't feed
a hundred people,
then feed just one.
- Mother Teresa

Our mission is to alleviate
some of the poverty and
terrible conditions that
Hondurans endure.

In children under 5, stunting
levels are at 23%. In some
areas of the country, it is
closer to 40%.



Poverty is a very
complicated issue, but
feeding a child is not.

~ Jeff Bridges

Do more than belong: **participate.**
Do more than care: **help.**
Do more than believe: **practice.**
Do more than dream: **work.**

~ William Arthur Ward



www.thenfeedjustone.org

Gehlen Catholic Mission Honduras returned to Nueva Capital in 2022 after a 2 year absence. The 36-member team built 3 homes, 42 beds, 3 picnic tables; distributed 3,528 pounds of donated materials; gave 70+ children a pair of Shoes That Grow; handed out 60+ pillowcase dresses. They also created life-changing memories for the Hondurans and, most especially, themselves.



Trips like these aren't vacations. They are so much more. These experiences show you what's possible and challenge you to examine the paths you'll take in the future.

~ Blake Mycoskie



We cannot do everything at once, but we can do something at once.

~ Calvin Coolidge



Extreme poverty anywhere is a threat to human security everywhere.

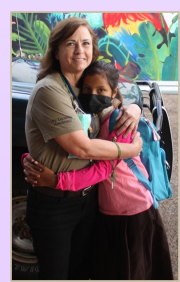
~ Kofi Annan



When we love others, we're living the truth of God out loud.



When I get to the end of my life, and I ask one final "What have I done?" Let my answer be: "I have done love."



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